

IN THE LOOP

Monthly newsletter for TRACEUS, co-funded by Erasmus+ programme of the EU



Project's updates

With the return to classes, the students of the University Programme "José Saramago" 50 plus from UCLM in Spain, have completed their training. Seven students took part in this training. And in some of the classes, young students have participated with older ones. Amidst laughter and anecdotes, they have learned to use the platform and have recorded and edited their first videos. The result has been very gratifying for all of them, and they are especially interested because our city, Cuenca, has been selected as Spanish Gastronomic Capital in 2023, so they want to put into practice and spread our creators' videos gastronomic culture.

During the training, the students brought their own dishes to taste during the classes, all in an atmosphere of harmony and companionship. The beginnings were not easy, many of them did not have company to record them, but the problem was solved with the acquisition of a small tripod that improved the quality of the recording. The content of the platform is useful, as these and other reflections allowed them to learn at their own pace.

Our creators and testers of the Traceus platform have started to publish their recipe videos on Youtube. But before doing so, they wanted to share these dishes with their colleagues, turning it into a practical gastronomy lesson.

Here are some examples to whet your appetite!!



A glimpse of our creators' videos



Coconut Balls

This dessert come from Argentina. Its ingredients are butter, dulce de leche, oatmeal and coconut.

They are delicious and are often eaten on birthdays.

This dish is brought to you by Susana from Argentina.

Bread balls with sugar and cinnamon

They are a dessert from the province of Cuenca and their ingredients are: flour, eggs, milk, sugar, cinnamon, lemon and the necessary oil to fry them. It is a simple, cheap and very tasty dessert, which can be eaten at any time, but especially on the feast of All Saints' Day.

This dish is brought to you by Manolo from Spain.



You can find all our recipes on our Youtube channel

TRACEUS eLearning